

# Omaha Shooter Robert Hawkins Had Been "Treated" For ADHD, Depression

Original story at: <http://www.newstarget.com/022330.html>

NewsTarget) America seems shocked that, yet again, a young male would pick up an assault rifle and murder his fellow citizens, then take his own life. This is what happened last night in Omaha, Nebraska, where the 19-year-old Hawkins killed himself and eight other people with an assault rifle. Those lacking keen observation skills are quick to blame guns for this tragedy, but others who are familiar with the history of such violent acts by young males instantly recognize a more sinister connection: **A history of treatment with psychiatric drugs for depression and ADHD.**

It all started in Columbine, Colorado, when Eric Harris and Dylan Klebold massacred their way into the history books on April 20, 1999 by killing 12 and wounding 23 people. The mainstream media virtually glorified the event, yet utterly failed to report the connection between violence in young men and treatment with psychiatric drugs. (Both Harris and Klebold were taking antidepressant drugs.)

It's a little known fact that **antidepressant drugs have never been tested on children nor approved by the FDA for use on children.** It is well established in the scientific literature, however, that such drugs cause young men to think violent thoughts and commit violent acts. This is precisely why the U.K. has outright banned the prescribing of such drugs to children. Yet here in the United States -- the capitol of gun violence by kids on depression drugs -- the FDA and drug companies pretend that mind-altering drugs have no link whatsoever to behavior.

## Enormous evidence linking mind-altering drugs with violent acts

In 2005, I reported on this site that Eli Lilly had full knowledge of a 1200% increase in suicide risk for takers of their Prozac drug, a popular anti-depressant SSRI medication. (See <http://www.newstarget.com/003086.html> )

In 2006, we reported the results of a study published in the *Archives of General Psychiatry* showing that teens taking antidepressant drugs are more likely to commit suicide (and to be "successful" at completing the act). See <http://www.newstarget.com/020643.html>

On September 11, 2006, I reported on the link between antidepressant drugs and violent behavior yet again. (See <http://www.newstarget.com/020394.html> ) In that article, I explained, "If you're going to alter the brain chemistry of these children, you had better be prepared for the results. The result we're seeing now is mass killings. Elsewhere around the world, where children aren't doped up on all these drugs, we don't see this kind of behavior. This is what happens when you change children's brain chemistry; you get these results..."

The very next day, we published a report about the anti-depressant drug *Paxil* **doubling the risk of violent behavior.** (See <http://www.newstarget.com/020406.html> ) In that article, I stated, "This finding helps explain why school shootings are almost always conducted by children who are taking antidepressants. We also know that SSRIs cause children to disconnect from reality. When you combine that with a propensity for violence, you create a dangerous recipe for school shootings and other adolescent violence.

In April of this year, I also reported on the link between antidepressant drugs and the Virginia Tech shooting. See <http://www.newstarget.com/021798.html>

What I said in that article has urgent application right now, following the Omaha shooting:

*A study published in the Public Library of Science Medicine (an open source medical journal) explored these same links in detail. (See [Antidepressants and Violence: Problems at the Interface of Medicine and Law](#), by David Healy, Andrew Herxheimer, David B. Menkes)*

*The authors note that "Some regulators, such as the Canadian regulators, have also referred to risks of treatment-induced activation leading to both self-harm and harm to others" and the "United States labels for all antidepressants as of August 2004 note that 'anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric'".*

*In other words, **the link between antidepressants and violence has been known for years by the very people manufacturing, marketing or prescribing the drugs.** As the author of the study mentioned above concluded, "The new issues highlighted by these cases need urgent examination jointly by jurists and psychiatrists in all countries where antidepressants are widely used."*

*That was last year, well before this latest shooting. The warning signs were there, and they've been visible for a long time. Medical authorities can hardly say they are "shocked" by this violent behavior. After all, the same pattern of violence among antidepressant takers has been observed, documented and published in numerous previous cases.*

## **Not Surprised at what happened in Omaha**

The people of Omaha may be surprised at what happened there yesterday, **but I'm not.** Why? Because the shooter, Robert Hawkins, had a history of being "treated" for both depression and ADHD (Attention Deficit Hyperactivity Disorder). (Source: Associated Press)

And what is the standard American psychiatric "treatment" for these conditions? Mind-altering drugs, of course.

ADHD, for example, is treated with a drug that used to be an illegal street drug called "speed." It's an amphetamine, and recent research published in the August, 2007 issue of the *American Academy of Child and Adolescent Psychiatry* reveals that Ritalin and other ADHD drugs actually stunt the growth of children, causing their brains and bodies to be physically altered. (See <http://www.newstarget.com/021944.html> )

Depression, of course, is treated with SSRI drugs, none of which have ever been safety approved by the FDA for use on children or teens. In other words, the use of these drugs on teenagers is **a grand, mind-altering medical experiment**, and what we just witnessed in Omaha is one result of that experiment.

There will be more. I hate to be accurate about this grisly prediction, because I grieve for the families of those lost to *pharmaceutically-induced violence*, but the truth is that **until we stop drugging our children with psychotropic drugs, the shootings are not going to stop.**

Big Pharma is to blame for this one, not the manufacturer of the gun. That gun has a trigger, you see, and the trigger was pulled by a finger. The finger was connected via a series of nerves to a brain, and **that brain was altered by psychotropic drugs.** The brain wasn't functioning like a normal, healthy, well-nourished brain; it was functioning like a zoned out "zombie" brain permanently distorted by psychiatric drugs.

Sending a teenager out into the public doped up on mind-altering drugs that we KNOW are linked to violence --

and jacked up on junk foods (he worked at McDonald's) -- is a certain recipe for disaster. Big Pharma executives, drug reps and the irresponsible psychiatrists who dish these pills out to teenagers might as well have just walked right into the mall and set off a bomb themselves. These are the people ultimately responsible for the tragedy in Omaha. Hawkins may have pulled the trigger, but modern psychiatry drugged him with violence-inducing chemicals. The fact that such drugs promote violence isn't even disputed. **It's printed right on the warning labels of those drugs!**

And as sad as this tragedy is for all those affected by this medication-induced violence, the truly sad part is that **America still hasn't learned this lesson.** If you drug the children with chemicals that cause violence, you're going to see more shootings. It's as simple as that. And if you take away the guns, you'll see bombs, knives or machetes used in these attacks. When disturbed young boys are doped up on psychotropic drugs that promote violence -- and they're drugged by the hundreds of thousands -- it's like playing a national game of Russian roulette (with apologies to Russia). Sooner or later, another kid whose mind has been altered by Ritalin, Prozac or some other drug is going to walk into yet another school or mall and start killing people. This kind of behavior is a direct product of chemical-based psychiatric "treatment."

## **The criminals running modern psychiatry**

In fact, I predict we'll see another such shooting in the next 30 days, if not sooner. And yet, even with the increasing frequency of these events, the unholy alliance between Big Pharma and the immensely evil psychiatric industry will continue. Yet more children will be put on mind-altering drugs that stunt their growth, alter their brain chemistry, and turn them into mind-numbed massacre drones who acquire dangerous weapons and open fire in public places.

The psychiatric industry, though, thinks that yet MORE children need "treatment" with drugs for ADHD and depression. In fact, an industry press release recently claimed that only one-third of those children "suffering" from ADHD are receiving appropriate "treatment" for the condition. Of course, those are just code words for "drugging the children with high-profit pharmaceuticals." When the psychiatric authorities say "treatment," what they mean is "more drugging."

Want to learn the horrifying, yet true, history of modern psychiatry? Check out [www.CCHR.org](http://www.CCHR.org) - the Citizens' Commission on Human Rights. They have a documentary so downright shocking that I couldn't even finish watching the whole thing. It's called [Psychiatry: An Industry of Death](#).

Also be sure to check out the shocking book by Kelly Patricia O'Meara called [Psyched Out: How Psychiatry Sells Mental Illness and Pushes Pills That Kill](#). This book explains exactly why kids like Robert Hawkins who have been treated with psychiatric drugs end up shooting innocents.

## **What could have healed Robert Hawkins and saved lives**

So what's the solution to all this? Robert Hawkins could have been healed with a radical change in diet that supports healthy brain chemistry. His parents or caretakers should have stopped the junk food, ended the medication and put him on raw, living foods and daily superfood smoothies, fresh vegetable juices, raw nuts and seeds and other wholesome, non-processed foods. Nutrition is the single most powerful factor determining healthy moods and behavior, and virtually all young men who commit violent acts (including the vast majority of those imprisoned in the U.S. today) suffer from wild nutritional deficiencies.

Robert Hawkins could have been a healthy, stable and normal kid with the help of some real food, real nutrition and real love from a supporting family. Instead, he lived on junk food, worked at McDonald's and took medication pills as directed by his psychiatric doctor. The results speak for themselves: This recipe of processed food and mind-altering drugs created a monster, and yesterday in Omaha, that monster exploded in a rage of

violence.

If we don't learn from all this and stop drugging our nation's children, then those innocents in Omaha will have died in vain. And I ask the question: **How many more innocent Americans must pay the price for medication-induced violence?**

Ask yourself one question: Why does the FDA continue to allow these dangerous drugs to be prescribed to children and teens when 1) They have never been tested on children or teens, and 2) Other countries have already banned the prescribing of these drugs to children and teens?

Story Notes: The Associated Press originally reported Hawkins' age as 20 years old, but corrected it to 19 years old following a correction by local police. Hawkins was not reported to have been taking medications at the precise time of the shooting, but his caretaker, Debora Maruca-Kovac, said that "he had been treated in the past for depression and attention deficit/hyperactivity disorder." We do not know exactly which drugs Hawkins had been treated with in the past, and we hope the names of those drugs will surface in future reports on this tragedy.

NewsTarget deeply regrets the loss of life witnessed in this event, and we commit to doing our part to end these *medication-induced crimes* that continue to be perpetrated by Big Pharma and modern psychiatry. You have permission to forward or reprint this article, with appropriate credit and a link back to this URL: <http://www.newstarget.com/022330.html>

Please protect our children from Big Pharma!

- Mike Adams, the Health Ranger  
Consumer health advocate